

# 營養聲稱須符合香港規例的要求

## Nutrition Claims Must Comply with Regulation in Hong Kong

由二零一零年七月一日起，營養聲稱  
 (例如“低糖”、“不含脂肪”和“高鈣”)受營養資料標籤制度規管。  
 Nutrition claims (such as “low sugars”, “fat free” and “high calcium”)  
 are regulated under the Nutrition Labelling Scheme from **1 July 2010**.

消費者可利用  
 營養聲稱作為  
 選擇食物的參考工具  
 Consumers can use  
 nutrition claims as  
 a guide for choosing foods



食物包裝上的某些字句可能被塗黑或遮蓋，因為：  
 Some wording on food packages may be blacked out or covered because:



這些產品可能  
 附有於外地使用  
 但香港規例  
 不容許的營養  
 聲稱。  
 These products  
 may have nutrition  
 claims that are used  
 overseas but not  
 allowed under  
 regulation in Hong  
 Kong.



銷量少的產品可申請豁免  
 標示營養成分，但不能  
 載有營養聲稱。獲此豁免  
 的產品需附有特定標貼。  
 你亦可以在該標貼  
 或貨架上看到豁免編號。

Products with low sales volume  
 may apply for exemption from  
 labelling the nutritional content  
 but nutrition claims are not  
 allowed. Products registered for  
 such exemption are identified by  
 a specific label. An exemption  
 number can also be found on  
 that label or the shelf.

查詢電話 Enquiry no:  
**2868 0000**

 食物環境衛生署  
 Food and Environmental  
 Hygiene Department

 食物安全中心  
 Centre for Food Safety

[www.nutritionlabel.gov.hk](http://www.nutritionlabel.gov.hk)