



Dear E-news recipients,

News on the Centre for Food Safety (CFS) online:

(1) Roving Exhibitions on Food Safety 2024

The roving exhibitions will be held in May 2024 at Java Road Market, Pei Ho Street Market, Harbour Building, and Tai Kok Tsui Market. Panels cover topics on Veterinary Drug Residues, Natural Toxins, Ciguatoxins, Nutrition Labelling, Pesticide Residues, Trans Fats, Prevention of Cross-contamination, Food Safety Advice for Pregnant Women and Organic Food.

Please click into the webpage for details:

https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/whatsnew_act_roving_exhibition_2024.html

(2) Plant-based Meat and Cultured Meat

Though some believe that meat free alternatives are healthier options, plant-based meat products are often added with different sodium-containing condiments and additives to maintain their texture and flavour which contribute to the relatively high levels of sodium in these products. The public should check for the sodium and fat content on nutrition labels and choose plant-based meat products with less sodium and fat.

Please click into the webpage for details:

https://www.cfs.gov.hk/english/consumer_zone/other_foodsafety/Plant-based_Meat_and_Cultured_Meat.html

(3) Food Safety Focus (213rd Issue, April 2024)

The latest issue of Food Safety Focus is now available. The topics include:

- Bongkrelic Acid – Uncommon but Fatal Toxin in Certain Foods
- Understanding Ultra-processed Foods and the Related Healthy Eating Approaches
- Role of Potassium Salt as a Replacement for Table Salt
- Minimising the Food Safety Risk of Raw Salmon

You are most welcome to read the publication at:

https://www.cfs.gov.hk/english/multimedia/multimedia_pub/multimedia_pub_fs.html

(4) Monthly Report on Results of Compliance Test for Nutrition Labelling and Declaration of Allergens under the Food and Drugs (Composition and Labelling) Regulations (for the month of March 2024)

The Centre for Food Safety (CFS) has been testing, among other things, nutrients and allergens in prepackaged food samples for compliance under the Regulations. Results of compliance test since January 2012 have been published on the CFS website in the form of monthly reports, which include details of the food samples with discrepancies between labelled and tested nutrient values. Results of those food samples with food allergens detected but undeclared are also published from 1 April 2012 onwards.

Please click into the webpage for details:

https://www.cfs.gov.hk/english/whatsnew/whatsnew_act/NL_Compliance_Test_Results_MAR_2024.html

Centre for Food Safety
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